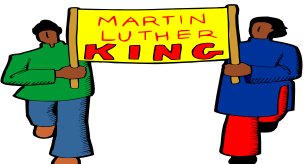


All Elementary Grade School Lunch Menu

January 2012

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
2 WG Chicken Nuggets Oven & Sweet Potato Fries Bright Green peas Chilled Mixed Fruit Fruit and Veggie Bar	3 WG Turkey & Cheese Italians Salad w/Baby Spinach Glazed Carrots Chilled Diced Peaches Fruit and Veggie Bar	4 Pasta w/meat sauce or red sau Italian Vegetables Garlic Breadsticks Fresh Kiwi Fruit and Veggie Bar	5 WW Grilled Cheese Sandwich Chicken Noodle Soup Fresh Baby Carrots Mixed Fruit Fruit and Veggie Bar	6 Crispy Fish Sandwich Pasta Salad Local Maine Squash Crisp Red Apple Fruit and Veggie Bar
9 100% Beef Dog w/WW Roll Baked Beans Salad w/ tomatoes Chilled Peaches Fruit and Veggie Bar	10 School made Cheese or BBQ Chicken Pizza Carrot & Celery Sticks Melon Wedges Fruit and Veggie Bar	11 Chicken Patty w/roll Oven & Sweet Potato Fries Salad w/Romaine Lettuce Mandarin Oranges Fruit and Veggie Bar	12 Baked Fish Filet Rice Pilaf Peas & Carrots Chilled Mixed Fruit Fruit and Veggie Bar	13 Sloppy Joe w/roll Baked Smiley Potatoes Garlic Green Beans Chilled Applesauce Fruit and Veggie Bar
16 NO SCHOOL 	17 Tuna or Egg Salad Sandwich Celery or Carrot Sticks Chilled Mandarin Oranges Whole Grain Goldfish Cracker Fruit and Veggie Bar	18 Meatball Grinder w/WW Roll Baked Oven & Sweet Potatoes Cucumber Coins Fresh Crisp Apple Fruit and Veggie Bar	19 Baked Turkey Ham Mashed Potatoes Steamed Squash Pineapple Tidbits Fruit and Veggie Bar	20 Cheesy Pizza Bagels Cottage Cheese w/raisins Crisp Salad w/Romaine Diced Pears Fruit and Veggie Bar
23 WG Chicken Nuggets Steamed Brown Rice Steamed Glazed Carrots Diced Pears Fruit and Veggie Bar	24 Beef Nachos with Cheese, Salsa, Sour Cream Mixican Rice & Black Beans Mixed Fruit Fruit and Veggie Bar	25 Pancakes or Waffles Turkey Sausage Applesauce or Juice Sweet Potato Puffsa Fruit and Veggie Bar	26 Tuna & Noodle Casserole Mixed Vegetables Sweet Red or Green Grapes WW Breadstick Fruit and Veggie Bar	27 Roasted Chicken w/gravy Mashed Potatoes Cranberry Sauce, Peas Orange Wedges Fruit and Veggie Bar
30 Cook's Choice Fruit and Veggie Bar	31 WW Grilled Cheese Sandwich Chicken Noodle Soup Cucumber Sticks Chilled Diced Pears Fruit and Veggie Bar	1 Fajita Chicken Nachos Sante Fe Rice w/Beans Seasoned Corn Fresh Apples Fruit and Veggie Bar	2 Cheese or hamburger w/bun Oven & Sweet Potato Fries Tossed Salad Mixed Fruit Fruit and Veggie Bar	3 SUGAR OUT DAY American Chop Suey Steamed Spinach Chilled Peaches Bread & Butter Fruit and Veggie Bar

A Milk Variety is Served With Every Meal - Menu is Subject to Change